

WHAT DOES THE P IN PIES STAND FOR?
HINT 1: A WAY THAT YOUR BODY CHANGES
HINT 2: SECOND LETTER IS H

ANSWER: PHYSICAL

HOW MANY LIFE STAGES ARE THERE?
HINT 1: START WITH INFANCY
HINT 2: END WITH LATER ADULTHOOD

ANSWER: 5

NAME 3 UNEXPECTED LIFE EVENTS
HINT 1: THESE ARE THE EVENTS THAT HIT US SUDDENLY
HINT 2: WHAT DO WE NOT EXPECT TO HAPPEN?

ANSWER: (3 FROM) SUDDEN DEATH, SERIOUS ILLNESS,
REDUNDANCY, DIVORCE

NAME 3 EXPECTED EVENTS IN OUR LIVES
HINT 1: THINGS THAT SHOULD HAPPEN TO THE AVERAGE
PERSON
HINT 2: WHAT SORT OF THINGS WOULD YOU HOPE TO DO?

ANSWER (3FROM) HAVE CHILDREN, GET A JOB, GO TO
UNIVERSITY, RETIRE, GO TO SCHOOL,

DEFINE 'GROWTH'
HINT1: NOT JUST 'GETTING BIGGER'
HINT 2: USE TECHNICAL WORDS

ANSWER: AN INCREASE IN MASS AND HEIGHT

WHAT IS THE GRAPH THAT SHOWS HOW TALL OR HEAVY A
CHILD IS COMPARED TO OTHERS THEIR AGE?
HINT 1: BEGINS WITH C
HINT 2: THINK OF PERCENTAGES

ANSWER: CENTILE CHART

WHAT IS A CENTILE CHART?
HINT 1: HEIGHT AND WEIGHT
HINT 2: EXPECTED / AVERAGE

ANSWER: IT IS A GRAPH THAT SHOWS WHERE A CHILD IS IN
COMPARISON TO OTHER CHILDREN THEIR AGE IN TERMS
OF HEIGHT AND WEIGHT. 50TH CENTILE MEANS THAT A
CHILD IS AVERAGE FOR THEIR AGE

WHAT ARE THE FOUR CATEGORIES OF FACTORS THAT
AFFECT HUMAN DEVELOPMENT?
HINT 1: NOT PIES
HINT 2: P, S&E, F AND E

ANSWER: PHYSICAL, SOCIAL AND EMOTIONAL, FINANCIAL ,
ENVIRONMENTAL

WHY DO WE OFTEN SHARE PHYSICAL CHARACTERISTICS
WITH OUR PARENTS?
HINT ONE: G.I.
HINT 2: GENES

ANSWER: GENETIC INHERITANCE IS WHERE OUR GENETIC
MATERIAL IS PASSED DOWN FROM OUR PARENTS

EXPLAIN WHY BEING A YOUNG CARER COULD AFFECT A
PERSON'S DEVELOPMENT
HINT 1: TIME
HINT 2: WHAT DO THEY MISS OUT ON?

ANSWER: A PERSON MIGHT BE AFFECTED SOCIALLY—NOT
ABLE TO GET OUT, INTELLECTUALLY—CANT DEVOTE FULL
ATTENTION TO SCHOOL WORK

ACCORDING TO JEAN PIAGET, WHAT AGE ARE CHILDREN WHEN THEY CAN USE LOGIC (IF THEY HAVE THE OBJECT IN FRONT OF THEM)?
HINT 1: CONCRETE OPERATIONAL
HINT 2: IN CHILDHOOD

ANSWER: BETWEEN 7 AND 11 YEARS

GROWTH AND DEVELOPMENT HAPPEN RAPIDLY UNTIL ROUGHLY WHAT AGE?
HINT 1: THINK ABOUT YOURSELVES
HINT 2: WHEN DO WE START TO SLOW DOWN IN GROWING?

ANSWER: AT ABOUT THE AGE OF 19—WE STILL DEVELOP AFTER THIS, BUT AT A SLOWER RATE

WHAT IS 'NATURE VS NURTURE'?
HINT 1: THINK ABOUT SEPARATED TWINS
HINT 2: WHAT AFFECTS THEIR DEVELOPMENT?

ANSWER: THE ARGUMENT WHETHER DEVELOPMENT IS AFFECTED BY NATURE (WE CAN'T CONTROL IT) OR NURTURE—THE WAY WE ARE BROUGHT UP

WITH WHOM DOES AN INFANT HAVE THEIR FIRST ATTACHMENT?

HINT 1: WHO IS THEIR MAIN CARER?
HINT 2: WHO DO THEY SPEND MOST TIME WITH?

ANSWER: THEIR PARENTS (ESPECIALLY THE MOTHER)

HOW DOES SOCIAL DEVELOPMENT AFFECT OUR SELF CONCEPT?

HINT 1: WE GET SUPPORT FROM FRIENDS
HINT 2: SUPPORT MAKES US FEEL...

ANSWER: FRIENDS AND FAMILY BRING SUPPORT WHICH MAKES US FEEL CONFIDENT AND SECURE

WHAT IS A REFLEX?
HINT 1: AUTOMATIC
HINT 2: UNCONTROLLABLE

ANSWER: A PHYSICAL RESPONSE TO A STIMULUS, SUCH AS A BABY GRASPING AN OBJECT PUT IN THEIR HAND

NAME 3 GROSS MOTOR SKILLS THAT A 1 YEAR OLD CHILD SHOULD BE ABLE TO DO:

HINT 1: GROSS = LARGE MUSCLE MOVEMENTS
HINT 2: NOT ABLE TO WALK YET (GENERALLY)

ANSWERS (3 FROM) GRASPING, LIFT HEAD, SITS UNSUPPORTED, ROLL OVER, CRAWL, PULL THEMSELVES UP

NAME 3 FINE MOTOR SKILLS THAT A 1 YEAR OLD CHILD SHOULD BE ABLE TO DO:

HINT 1: FINE = SMALL, FIDDLY MUSCLE MOVEMENTS
HINT 2: NOT ABLE TO USE A PENCIL YET

ANSWERS (3 FROM) HOLD RATTLE, MOVE HANDS TOWARDS A BOTTLE, PICK UP OBJECTS, MOVE OBJECTS HAND TO HAND, REACHES FOR TOYS

UNDERSTANDING THE RULES OF TEAM GAMES IS WHAT SORT OF DEVELOPMENT?

HINT 1: PIE OR S
HINT 2: NOT SOCIAL

ANSWER: INTELLECTUAL DEVELOPMENT—THE KEY WORD IS 'UNDERSTAND'

NAME 3 PHYSICAL DEVELOPMENTS IN LATER ADULTHOOD
HINT 1: BE SPECIFIC

HINT 2: THINK WHAT PEOPLE OVER 65 LOOK LIKE

ANSWERS (3 FROM) SKIN WRINKLES, HAIR GOES GREY, BONES BECOME BRITTLE, MUSCLES WEAKEN, HEARING DETERIORATES, EYESIGHT WORSENS

WHAT IS MEANT BY 'EXTENDED FAMILY'
HINT 1: WHO ELSE IS CLOSE TO YOU?
HINT 2: BECOMING LESS COMMON

ANSWER: WHERE 3 OR 4 GENERATIONS OF ONE FAMILY LIVE TOGETHER OR VERY CLOSE. IT PROVIDES A STRONG SUPPORT NETWORK AS THERE ARE PEOPLE TO HELP OUT WITH BABYSITTING, CHORES, OR CARE

WHAT CAN EDUCATIONAL SUCCESS LEAD TO?
HINT 1: WHY DO WE ENCOURAGE HARD WORK?
HINT 2: WHAT WOULD HAPPEN IF YOU DIDN'T SUCCEED?

ANSWER: BETTER (HIGHER PAID) JOB, BETTER SOCIAL STATUS, BIGGER CHOICE OF JOB / CAREER, FEELING GOOD ABOUT YOURSELF—INCREASED CONFIDENCE

WHAT ARE THE 4 TYPES OF FAMILY?
HINT 1: N, E, L-P AND R
HINT 2: NU, EX, LO-PA AND RE

ANSWERS: NUCLEAR, EXTENDED, LONE-PARENT AND RECONSTITUTED

WHAT ARE 'MATERIAL POSSESSIONS'?
HINT 1: ESSENTIAL OR NOT ESSENTIAL?
HINT 2: NOT ESSENTIAL

ANSWER: OBJECTS THAT PEOPLE OWN THAT ARE NOT ABSOLUTELY NECESSARY—THE LATEST MOBILE PHONE FOR EXAMPLE

NAME 3 NEGATIVE FACTORS ABOUT LIVING IN A 'BAD NEIGHBOURHOOD'
HINT 1: THINK ABOUT A VERY DEPRIVED AREA
HINT 2: WHAT MIGHT BE FOUND IN A BETTER AREA?

ANSWERS (3 FROM) OVERCROWDING, NOISE AND AIR POLLUTION, NOISY NEIGHBOURS, ILLNESS OR POOR HYGIENE, CRIME (AND FEAR OF CRIME) POOR TRANSPORT

NAME 3 POSITIVE FACTORS ABOUT LIVING IN A 'GOOD NEIGHBOURHOOD'
HINT 1: THINK ABOUT A RICH, AFFLUENT AREA
HINT 2: WHAT IS NOT FOUND IN A BAD AREA?

ANSWERS (3 FROM) GOOD FACILITIES—LIBRARIES, PARKS, SCHOOLS, LACK OF POLLUTION, LOW CRIME RATE, OPEN SPACES, LOTS OF SPACE

WHAT IS SELF ESTEEM?
HINT 1: YOURSELF
HINT 2: GOOD OR BAD AT THINGS?

ANSWER: IT IS THE VALUE YOU HAVE OF YOURSELF—IT CAN BE HIGH OR LOW

WHAT PHYSICAL FACTORS CAN AFFECT OUR SELF ESTEEM?
HINT 1: THINK OF A MIRROR
HINT 2: WHAT DO WE SEE IN THE MIRROR?

ANSWERS: FIT AND HEALTHY BODY, GOOD LOOKS (GOOD LOOKING PEOPLE OFTEN THOUGHT OF AS BEING MORE INTELLIGENT)

WHAT ARE THE 4 TYPES OF RELATIONSHIPS?
HINT 1: F, F, I/S AND W
HINT 2: WHAT RELATIONSHIPS DO YOU HAVE?

ANSWERS: FAMILY, FRIENDSHIPS, INTIMATE / SEXUAL, WORKING

IN CHILDHOOD, THE PARENT IS OFTEN OVERTAKEN AS THE MOST SIGNIFICANT INFLUENCE BY:
HINT 1: WHO DO THEY SPEND A LOT OF TIME WITH?
HINT 2: IN SCHOOL

ANSWER: IT IS OFTEN THEIR PRIMARY SCHOOL TEACHER HOPEFULLY THIS IS A GOOD RELATIONSHIP, LEADING TO A POSITIVE SELF-ESTEEM AND THE CHILD FEELING GOOD ABOUT THEMSELVES

WHAT VALUES SHOULD A PARENT PASS ON TO THEIR CHILDREN?

HINT 1: THEY ARE POSITIVE VALUES
HINT 2: TO BECOME A WELL BALANCED MEMBER OF THE COMMUNITY

ANSWERS: RIGHT FROM WRONG, HOW TO TREAT PEOPLE, HONESTY, TRUTHFULNESS, VALUES OF SOCIETY, GOOD MANNERS, HOW TO BEHAVE IN GROUPS OR NEW SITUATIONS

WHAT ARE SIGNS OF EMOTIONAL DISTURBANCE ON ADOLESCENTS?

HINT 1: WARNING SIGNS
HINT 2: NEGATIVE BEHAVIOURS

ANSWERS: FIGHTS, NO FRIENDS, CANNOT SLEEP, SELF-HARMS, SUDDEN WEIGHT CHANGE, USES ALCOHOL OR DRUGS, CRUEL TO ANIMALS, ANGRY / DEPRESSED

HOW CAN GRANDPARENTS HELP A FAMILY?

HINT 1: BE SPECIFIC
HINT 2: OFTEN WITH CHILDREN

ANSWERS: ACT AS ROLE MODELS, BABYSITTING / CHILDCARE, PROVIDE STABILITY, ANOTHER ADULT TO SPEAK TO

NAME THE 4 TYPES OF ABUSE:

HINT 1: P, S, E AND N
THE P IS THE SAME AS IN 'PIES'

ANSWERS: PHYSICAL, SEXUAL, EMOTIONAL AND NEGLECT

WHAT AFFECTS A PERSON'S SELF CONCEPT?

HINT 1: LASERCAGE
HINT 2: APPEARANCE IS OFTEN THE BIGGEST INFLUENCE

ANSWERS: LIFE EXPERIENCES, APPEARANCE, SEXUALITY, EDUCATION, RELATIONSHIPS, CULTURE, AGE, GENDER AND EMOTIONAL MATURITY

WHAT MAKES UP SELF CONCEPT?

HINT 1: 3 FACTORS
HINT 2: THINK OF KATIE PRICE / JORDAN

ANSWER: SELF ESTEEM, SELF IMAGE, AND IDEAL SELF

POSITIVE SELF-CONCEPT =

HINT 1: 4 ANSWERS
HINT 2: GOOD THINGS

ANSWERS: MOTIVATED, CONFIDENT IN SOCIAL SITUATIONS, GENERALLY HAPPY, ABLE TO COPE WITH CHALLENGES

NEGATIVE SELF CONCEPT =

HINT 1: 4 THINGS
HINT 2: BAD THINGS

ANSWERS: LACK OF MOTIVATION, POOR CONFIDENCE, UNHAPPY, AFRAID OF FAILURE

WHEN DOES A PERSON START TO UNDERSTAND THAT THEY ARE AN INDIVIDUAL?

HINT 1: EARLY IN THEIR LIFE
HINT 2: DURING INFANCY

ANSWER: AROUND 1 1/2-2 YEARS, WHEN THEY CAN RECOGNIZE THEMSELVES IN THE MIRROR

WHY IS SELF-CONCEPT IMPORTANT?

HINT 1: IT CAN AFFECT US POSITIVELY
HINT 2: IT CAN AFFECT US NEGATIVELY

ANSWER: PEOPLE WITH A POSITIVE SELF-CONCEPT ARE MORE LIKELY TO HAVE A GO AT THINGS, AND ARE MORE LIKELY TO EXPERIENCE SUCCESS. A NEGATIVE SELF-CONCEPT CAN LEAD TO A LACK OF GETTING INVOLVED

HOW DOES AGE INFLUENCE OUR SELF-CONCEPT?
HINT 1: HOW DOES IT CHANGE THROUGH OUR LIVES?
HINT 2: DOES IT GET MORE OR LESS POSITIVE?

ANSWER: SELF-CONCEPT CAN BE AFFECTED BY AGE—AS WE GET OLDER WE ARE BETTER ABLE TO UNDERSTAND OURSELVES AND WHAT WE ARE LIKE AS PEOPLE

HOW DOES APPEARANCE AFFECT SELF-CONCEPT?
HINT 1: SELF IMAGE
HINT 2: IDEAL SELF

ANSWER: IF WE THINK WE LOOK GOOD, THEN WE ARE MORE CONFIDENT AND ARE LIKELY TO HAVE A MORE POSITIVE SELF-CONCEPT

HOW DOES GENDER AFFECT SELF-CONCEPT?
HINT 1: DIFFERENCES BETWEEN THE SEXES
HINT 2: GENDER GAP

ANSWER: YOUR SELF-CONCEPT CAN BE AFFECTED BY GENDER—A WOMAN WORKING AS AN ENGINEER MIGHT FEEL UNCOMFORTABLE, AS MIGHT A MALE NURSE BECAUSE IT IS NOT 'TYPICAL' FOR THEIR GENDER

HOW DOES CULTURE AFFECT SELF-CONCEPT?
HINT 1: CULTURAL DIFFERENCES
HINT 2: NORMS OF SOCIETY

ANSWER: YOUR SELF-CONCEPT MIGHT BE AFFECTED BY WHETHER WHAT YOU DO IS SEEN AS CULTURALLY ACCEPTABLE IN YOUR SOCIETY. WHAT IS ACCEPTABLE IN ONE CULTURE MIGHT NOT BE TO ANOTHER

HOW DOES EMOTIONAL MATURITY AFFECT SELF-CONCEPT?
HINT 1: WHEN DO YOU COMPARE YOURSELF WITH PEERS?
HINT 2: PERSONAL INSIGHT

ANSWER: A PERSON NEEDS TO BE ABLE TO HAVE THE INSIGHT INTO THEIR OWN LIVES AND DECISIONS IN ORDER TO BE ABLE TO UNDERSTAND THEIR SELF-CONCEPT

HOW DOES EDUCATION AFFECT SELF-CONCEPT?
HINT 1: WHO WE ARE IS AFFECTED BY TIME AT SCHOOL
HINT 2: TEACHER EXPECTATION

ANSWER: YOUR EDUCATION IS SIGNIFICANT. HIGH PRAISE AND EXPECTATION FROM TEACHERS WILL INCREASE SELF-ESTEEM WHILE LASTING FRIENDSHIPS WILL HELP TO MAKE US FEEL GOOD ABOUT OURSELVES.

HOW DO RELATIONSHIPS AFFECT SELF-CONCEPT?
HINT 1: POSITIVE OR NEGATIVE?
HINT 2: FEELING VALUED

ANSWER: STRONG RELATIONSHIPS MAKE US FEEL VALUED—GIVING US CONFIDENCE. THIS WILL HELP US DEVELOP A POSITIVE SELF-CONCEPT

HOW DOES SEXUAL ORIENTATION AFFECT SELF-CONCEPT?
HINT 1: HOMOSEXUAL / HETEROSEXUAL / BISEXUAL
HINT 2: COME OUT OR NOT?

ANSWER: IF A PERSON IS HAPPY AND CONFIDENT WITH THEIR SEXUALITY THEN IT WILL HAVE A POSITIVE AFFECT ON THEIR SELF-CONCEPT. HOMOPHOBIC ATTITUDES OR TRAUMATIC EXPERIENCES CAN LEAD TO THE OPPOSITE RESULT

HOW DO LIFE EXPERIENCES AFFECT SELF-CONCEPT?
HINT 1: CHANGING OVER TIME
HINT 2: LEARNING ABOUT YOURSELF

ANSWER: BY EXPERIENCING MANY SITUATIONS WE LEARN TO COPE WITH THEM. THE SAYING ' THAT WHICH DOESN'T KILL US MAKES US STRONGER' IS SIMILAR TO THIS

WHAT ARE SOME OF THE BENEFITS OF GOOD RELATIONSHIPS?

HINT 1: THINK OF A COUPLE IN A GOOD RELATIONSHIP
HINT 2: ANY PIES?

ANSWERS (FROM): MEET SEXUAL NEEDS, CONVERSATION INCREASES INTELLECTUAL DEV. BOOSTS SELF ESTEEM, CAN HELP PHYSICAL HEALTH, FEEL LIKE WE BELONG, GET TO MEET OTHER PEOPLE.

WHAT IS MENOPAUSE?
HINT 1: WOMEN ONLY
HINT 2: USUALLY IN THE LATER STAGES OF ADULTHOOD

ANSWER: THE TIME IN A WOMANS LIFE WHEN MENSTRUATION STOPS, USUALLY BETWEEN 45 AND 55, THOUGH CAN BE MUCH EARLIER.

CAN YOU NAME THE THREE TYPES OF SUPPORT THAT EXIST TO HELP US IN DIFFICULT SITUATIONS?

HINT 1: F&F, P, TP
HINT 2: MUM, DOCTOR, VICAR

ANSWER: FAMILY AND FRIENDS, PROFESSIONAL (EG DOCTOR) AND THIRD PARTY—SOMETIMES CALLED VOLUNTARY, A CHARITY FOR EXAMPLE

IN WHAT WAYS COULD A DOCTOR HELP IN A DIFFICULT LIFE SITUATION?

HINT 1: MORE SPECIFIC THAN 'TABLETS'
HINT 2: MORE SPECIFIC THAN 'TALKING'

ANSWER: A DOCTOT CAN PRESCRIBE MEDICATION, POSSIBLY FOR PAIN RELIEF OR TO SLEEP BETTER. THEY CAN OFFER SPECIALIST ADVICE OR REFER ON TO A SPECIALIST.

HOW CAN FAMILY AND FRIENDS HELP IN AN UNEXPECTED LIFE SITUATION?

HINT 1: IF YOU SAY ' TALK' - EXPLAIN HOW AND WHY
HINT 2: BE AS SPECIFIC AS POSSIBLE

ANSWER: FAMILY AND FRIEND CAN BE A SHOULDER TO CRY ON, THEY CAN OFFER ADVICE OR HELP OUT FINANCIALLY. THEY MIGHT COOK MEALS OR DO JOBS AROUND THE HOUSE

WHAT AGE RANGE IS INFANCY?
HINT 1: IT'S THE FIRST LIFE STAGE
HINT 2: CHILDHOOD COMES NEXT

ANSWER: 0-3 YEARS

WHAT IS THE AGE RANGE FOR ADOLESCENCE?
HINT 1: FOLLOWED BY ADULTHOOD
HINT 2: PRECEDED BY CHILDHOOD

ANSWER: 11-18

WHAT AGE RANGE IS CHILDHOOD?
HINT 1: COVERS MOST OF PRIMARY SCHOOL
HINT 2: FOLLOWED BY ADOLESCENCE

ANSWER: 4-10

WHEN DOES LATER ADULTHOOD START?
HINT 1: TRADITIONAL RETIREMENT AGE FOR MEN
HINT 2: IN THE 60S

ANSWER: 65

NAME 3 PHYSICAL DEVELOPMENTS IN ADOLESCENCE
HINT 1: DON'T JUST SAY PUBERTY!
HINT 2: GROWING IS NOT SPECIFIC ENOUGH...

ANSWERS (FROM) GROWTH SPURT, ACNE, BREASTS DEVELOP, PUBIC HAIR, HIPS WIDEN, VOICE BREAKS (BOYS)

NAME 3 INTELLECTUAL DEVELOPMENTS IN INFANCY:
HINT 1: INFANCY IS 0-3
GO FOR THE MOST OBVIOUS ANSWERS—MAKE SURE

ANSWERS (3 FROM): UNDERSTAND SIMPLE WORDS, START SPEAKING BY AGE 2, ABLE TO COMMUNICATE SIMPLE SENTENCES, UNDERSTANDS YES AND NO.

